

Energy Fields Explained

Harness the unknown part of yourself for
growth, consciousness and freedom

by Etienne Charland

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Introduction

The power to have everything you ever want lies in what you don't know. Otherwise, you would already have it. According to the Law of One, everything in the Universe is inter-connected, comes from the same source, and ultimately, is the creation of one great universal mind. Your own mind is that universal mind. Thus, all the knowledge, wisdom and information in the universe is accessible from within you, like in a giant library.

You have an energy field that represents who you are and your level of evolution. By developing my clairvoyance perceptions, I uncovered the ability to read energy fields and designed a methodology around it. Your energy field doesn't lie and all the cracks show up.

In this book, we're going to explore the Energy Profile Readings in-depth to understand their meaning and to explore how you can use them to leverage your growth.

Quick facts about this book:

- It is free of judgments and opinions
- It is simply data, observations and wisdom
- It ranks 940 on the Hawkins scale
- It was written in 3 days

Everything Is Energy

The first thing you have to understand is that everything in the universe is energy. You have an energy field that represents who you are on the physical, emotional and spiritual levels. The wider your energy expands, the better it is. Enlightenment is when your energy expands all the way to the stars on all levels, at which point you are one with the universe.

Most healthy and balanced people have their energy field expanding between 4' and 8'. Your energy field cannot expand beyond 16' until you align with your soul's purpose and step into something greater than yourself. According to my definition of "on all levels", which includes not only spiritually but also physically and emotionally, I do not know anyone through history who is or was fully enlightened.

Since energies don't have time and space boundaries, I can read anyone's energy at any point in time. Later, we will look at Jesus and Buddha's energy profiles to pin-point on which aspects they were enlightened and which aspects were overlooked. When you have access to this depth of insights, there really are no plateaus for your growth.

Instead of talking about Energy Profile Readings in a theoretical way, let's look at real life examples. As of writing this, I just hosted an intensive 2-days live event in Budapest with Rion Freeberg, who was my very first mentor 7 years ago. We had 4 guys flying from all over Europe for this week-end. The idea was to immerse ourselves into higher states of consciousness through Alchemy meditations and entertainment meditation where we leverage the Law of Resonance to tune into enlightened states of consciousness already present within specific music videos.

We were 6 people and I did a detailed reading of our energy fields before and after the event. We will use these (including my own energy field) as case-studies to study the meaning of what's going on within the energy fields.

Hawkins Scale vs Charland Scale

For the Energy Profile Readings, we will use two different measurement scales. The first one is the Charland's scale which I developed, which is usually what I use for Energy Profile Readings. The second one is the Hawkins scale which brings more in-depth insights and which I only do with the Premium Energy Profile Readings. Instead of having one generic number for your whole state of consciousness, which really doesn't give anything you can act on, I read Hawkins number for very specific aspects within your energy field.

Interestingly enough, the measurements with both scales often don't quite match. The Hawkins scale measures the vibrational frequency on a scale of 0 to 1000, 0 being death and 1000 being enlightenment. On the other hand, the Charland scale measures the outward expression of it within your energy field and can vary anywhere from 1mm to the stars. In theory, both readings should be proportional, and in practice, they differ for many reasons which give more insights as to what is really going on internally.

To do Hawkins readings, I use intuitive perceptions which bring much faster results than muscle testing. If you know how to do muscle testing, which is very easy and many people are teaching this, you can use it to measure any aspect of the energy field on both scales. Let's review the Hawkins map of consciousness and see how the Charland scale generally fits into it.

Although David Hawkins considers anything between 700 and 1000 as enlightenment, this is the range of frequencies I'm mostly interested in and there's a HUGE difference between 700 and 1000, especially since the effects of spiritual growth expand exponentially.

We just transitioned from the Age of Pisces to the Age of Aquarius on December 21st 2012. The Hawkins map of consciousness was designed for the Age of Pisces while the Charland map of consciousness is designed for the Age of Aquarius and has much higher standards. Also, it's difficult to go past 600

(peace) without including your life's purpose and the force of life into the equation, so perhaps that's why Hawkins didn't explore much these higher states.

Let's see how both maps usually relate with each other. This is an approximation since the outward expression often isn't proportional to the vibrational frequency.

For the Charland scale, I have put two measurement columns, depending on whether there is alignment with a greater purpose which greatly amplifies the energy. The first column is for a personal field while the second column is for a greater purpose.

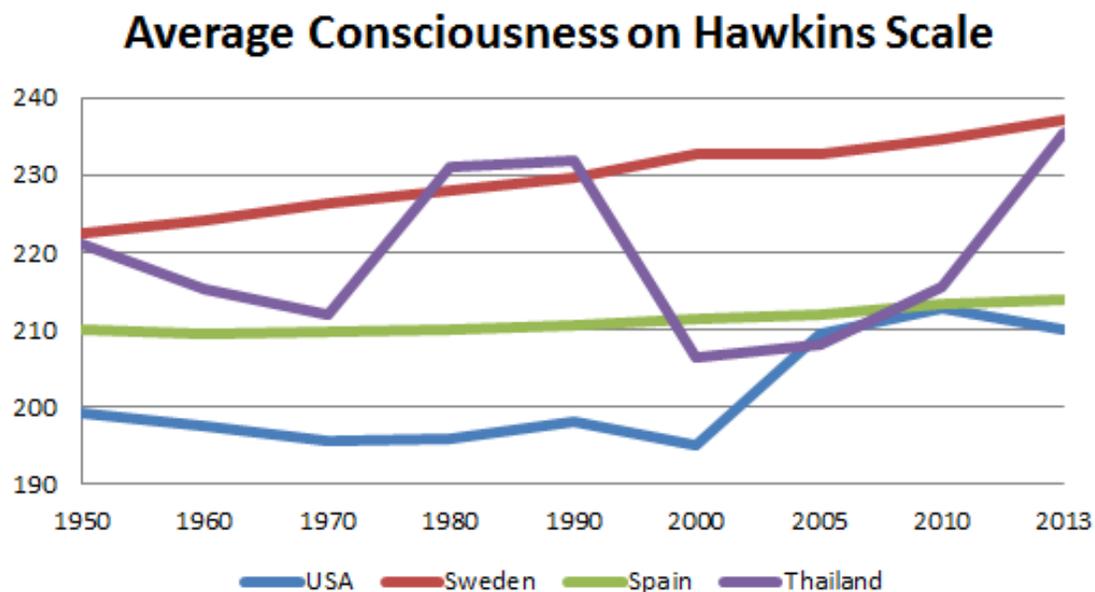
Hawkins Scale		Charland Scale		
Frequency	Description	Personal	Purpose	Description
20	Shame	1"		Shame
50	Apathy	3"		Apathy
100	Fear	6"		Fear
150	Anger	9"		Anger
200	Courage	1'	8'	Heavy repression
250	Neutrality	2'	32'	Repression
310	Willingness	3'	1km	Weakness
350	Acceptance	4'	2km	Recovery
400	Reason	6'	5km	Stable
500	Love	8'	10km	Balanced
540	Joy	10'	20km	Strength
600	Peace	16'	50km	Great strength
700	Enlightenment	to the sky 100km		Expert
800	Enlightenment	to the moon		Mastery
900	Enlightenment	to the cosmos		Semi-enlightened
1000	Enlightenment	to the stars		Enlightened

World's Average Consciousness

I calculated the world's average consciousness in the way David Hawkins recommends: to measure governments, elite/leaders and the general population separately, and then make an average of all 3.

For such readings, the values can vary slightly depending on who is doing the reading, depending on what their mind is specifically focusing on. These are the readings I'm getting.

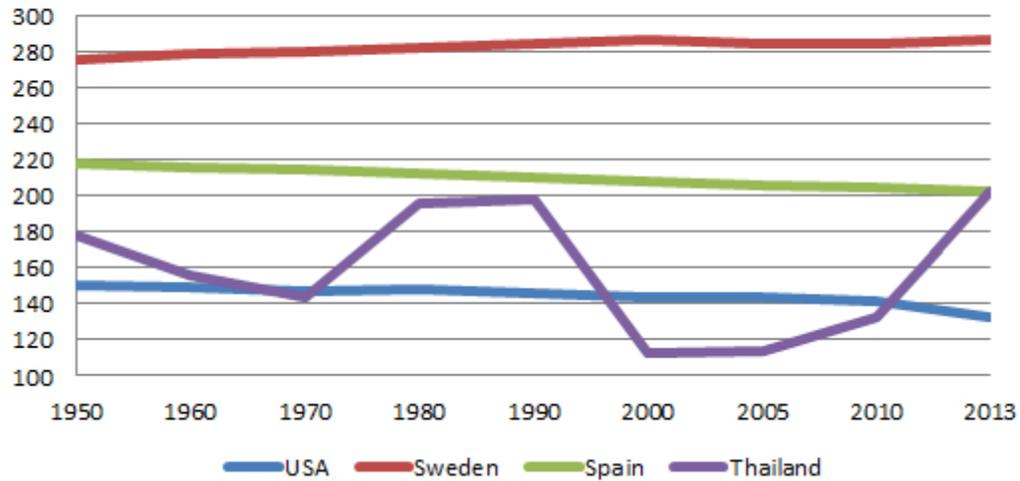
Here is the psychic reading of the consciousness of various countries over time on the Hawkins scale.



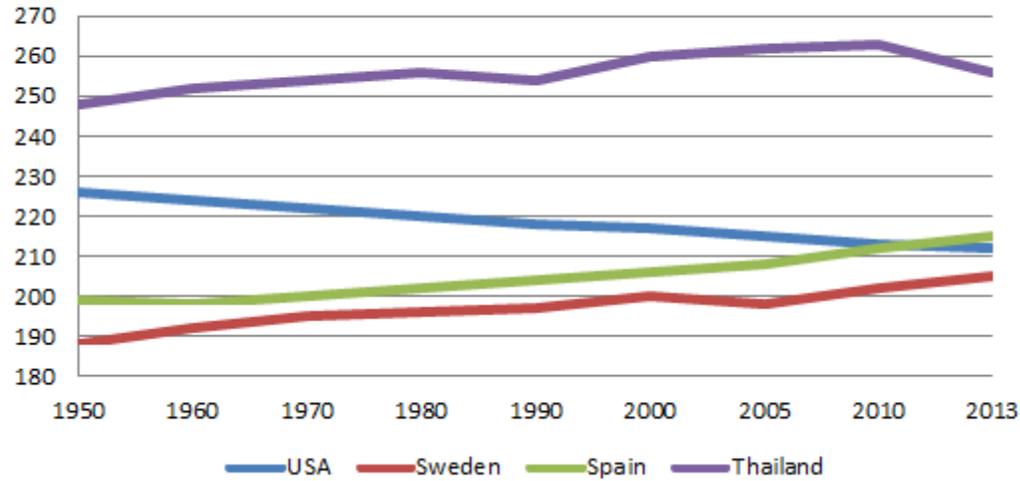
Based on this reading, the consciousness in the United States started raising fast ever since 9/11. Global consciousness often awakens after traffic events. This gets balanced by the US government's consciousness going down ever since.

On the next page are separate charts for governments, elite/leaders and general population.

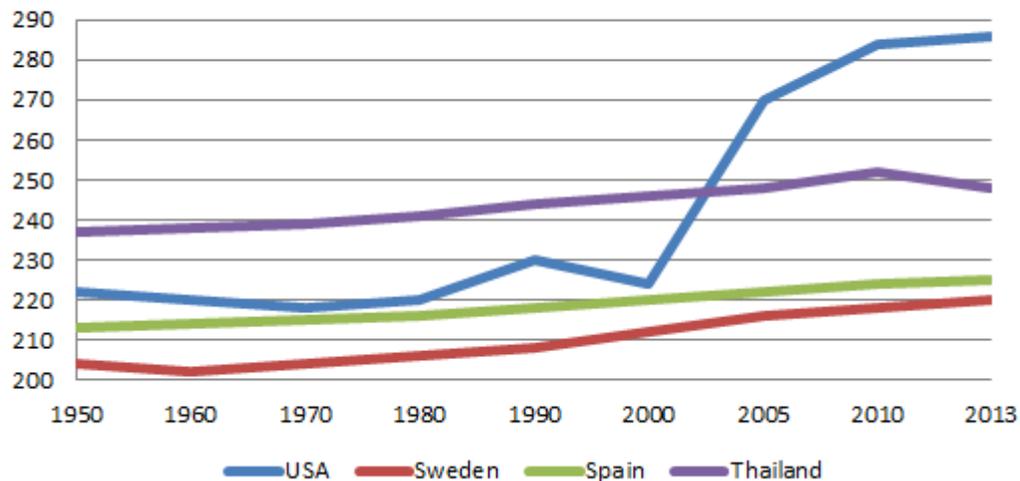
Average Consciousness: Governments



Average Consciousness: Elite / Leaders



Average Consciousness: Gen. Population



Energy Profile Elements

The Energy Profile Readings are based on the 7 main chakras. First I look at each chakra to see what main feelings come out of it, except the third eye and crown chakras because they are too abstract. Then, I look at specific aspects within the energy field to measure in a precise and objective way how wide the energies expand.

Here is the meaning of each chakra.

Chakra 1 (root)

Presence, tribe and environment.

Chakra 2 (sacral)

Sexuality creativity and money.

Chakra 3 (solar plexus)

Self-confidence, inner strength and sexual polarity.

Chakra 4 (heart)

Self-acceptance, love and emotional intelligence.

Chakra 5 (throat)

Communication, decisions and direction in life.

Chakra 6 (third eye)

Clairvoyance, focus and awareness.

Chakra 7 (crown)

Consciousness and connection to the spiritual source.

Here are the aspects I measure within the energy field.

Personality

The strength of your character.

Self-confidence

How much you step into your own power.

Ability to resolve conflicts

How you deal with challenges.

Self-acceptance

How much you allow love to flow through you.

Emotional Intelligence

Your ability to feel and understand emotions from the heart.

Communication

Your ability to express yourself.

Grounding to the physical world

How grounded you are into your physical body.

Connection to stillness

The strength of your connection to the spiritual stillness.

Connection to the force of life

The strength of your connection to the force of life.

To understand the difference between stillness and the force of life, think of a Buddhist monk meditating. It is a distinct force that allows a Shaolin master to project someone across the room with a short punch or that allows a rose to grow into its magnificence: the force of life. Stillness is pure death and peace. The force of life is pure life and joy.

I understand that the concept of force of life vs stillness can be confusing. The force of life is also called Qi, which originally comes from Chinese medicine and martial arts. It is also called life force energy, prana, vital energy and even The Force in Star Wars. In Western spirituality, Qi somehow got mistranslated as stillness, which might make it hard for you to grasp the concept at first.

Martial arts, Qigong and Tantra are the only spiritual practices I know that directly strengthen your connection to the force of life, besides the techniques I and Rion Freeberg developed.

The force of life expresses itself through these polarity energies:
Masculine/Feminine Physical/Emotional/Spiritual.

These polarity energies are your raw connection to inner power which then reorganizes itself into all other aspects of your energy field.

Note: Men and women only have one polarity of physical force of life energy based on their biological gender.

These polarity energies are also part of the Energy Profile Reading. Here is the meaning of each.

Masculine Physical

Physical strength, authority and raw sexual power.

Feminine Physical

Agility, nurturing and sexiness.

Masculine Emotional

Speaking your heart, leadership and enrollment.

Feminine Emotional

Intimacy, trust and integrity.

Masculine Spiritual

Shaping energy structures in higher planes.

Feminine Spiritual

Alignment and support from the Universe.

Here is a standard Energy Profile Reading sample.

In the first chakra, you have a deep presence but also a lot of doubts about yourself. Your personality extends 5 feet.

In the second chakra, your sexual and creative energies are very low because of doubts, shame and lack of sexual confidence.

In the third chakra, your inner power is strong but small, like a small intense flame. Your self-confidence extends 5 feet. Your ability to resolve conflicts extends 6.5 feet.

In the fourth chakra, your heart is painful and lonely, but also warm, open and vulnerable, which can lead to relationship co-dependence. Your self-acceptance extends 5 feet. Your emotional intelligence extends 6 to 8 feet.

In the fifth chakra, your throat is stuck and you can't express yourself. Your communication extends 4 inches.

In the sixth chakra, your connection to the physical world extends 5 feet.

In the seventh chakra, your connection to stillness extends 3 feet. Your connection to the force of life extends 5 feet.

Polarity Reading

Physical: Masculinity extends 5 feet. Femininity none.

Emotional: Masculinity extends 3 feet. Femininity extends 2 feet.

Spiritual: Masculinity extends 3-5 feet. Femininity extends 2 feet.

Strengths: Strong presence and inner power, warm open heart.

To work on: Stepping into your power, unblocking your communication.

Premium Energy Profile Readings

Premium readings are also available and bring more in-depth data that is really only useful for entrepreneurs, coaches, energy professionals and advanced clients. Beginners do not need this.

The Standard Reading contains

- Chakras overview
- Profile reading on the Charland scale
- Polarity life force energies
- Strengths and weaknesses

The Premium Energy Profile Reading contains these additional elements

- Readings in both the Charland and Hawkins scales
- Brain Quadrants
- Mind Consciousness
- Recommendations

Brain Quadrants

Our brain is divided into four quadrants: left logical, right emotional, front cerebral, back cortex. Your brain activity in these four quadrants determines your personality type. People of different personality types often have a hard time communicating with each other because they value and understand different things, although it is important to have people of all four types within a team.

There has been extensive research done on brain quadrants by various psychologists. If you have a good resource to recommend on this, you can send it to me and I will include it here. We're just going to cover the basics.

Here are the four quadrants of the brain. The names are self-descriptive although the subtleties and implications can be much more complex.

- Left Cervical: Analytical
- Right Cervical: Intuitive
- Left Cortex: Organizational
- Right Cortex: Relational

The brain activity in each quadrant can vary from 0% to 100%, 100% in each being the optimal reading.

Scientists tend to be analytical. Healers and spirituals tend to be intuitive. Accountants tend to be organizational. Activists and social workers tend to be relational. Some people are dominant in two quadrants.

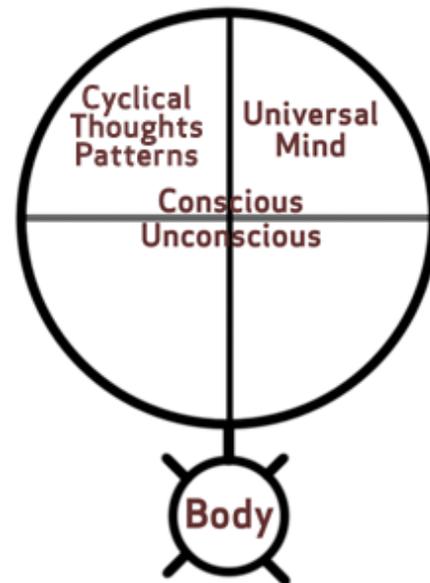
The majority of real CEOs are dominant in all 4 quadrants, allowing them to communicate effectively with all team members and all departments.

Mind Consciousness

On the right is the Charland Mind Diagram. I created this model because the standard Conscious / Subconscious model didn't allow me to make any meaningful intuitive measurement from it, which indicates something was off with it.

On the left, you have your Cyclical Thoughts Patterns which are your fixed beliefs and values that are fundamentally rooted in fears.

On the right, you have the Universal Mind which represents the global intelligence of the Universe expressing itself through you. It provides much greater thinking faculties, clairvoyance perceptions and the ability to shape reality with your mind.



For both Cyclical Thoughts Patterns and the Universal Mind, there is a part of it you are conscious of, and a part you are unconscious of.

Here is a sample reading:

Cyclical Thoughts Patterns: 50% (15% Conscious, 85% Unconscious)

Universal Mind: 50% (10% Conscious, 90% Unconscious)

The ideal situation is to be 100% in the Conscious Universal Mind. The worst situation is to be 100% in the Unconscious Cyclical Thoughts Patterns.

NLP tends to develop the Conscious Cyclical Thoughts Patterns. Stillness meditation tends to develop the Unconscious Universal Mind.

The truth is, there is no reason you should keep anything in the Conscious Cyclical Thoughts Patterns section. If you have the tools, you can decide to release any fixed pattern you are conscious of.

Case Studies

For case studies 1 to 6, I skip the chakras overview and do the readings with both scales. We will compare the energies before and after a 2-days live event, the first reading being taken on the first day (July 26th 2013) and the second reading being taken 30 hours after the event (July 29th 2013). In **bold** are the aspects that have improved the most.

Case studies 7 to 10 are Premium Energy Profile Readings.

Case Study #1: Client

Personality: 3' (305) -> **6' (410)**
Self-confidence: 3' (510) -> **6' (590)**
Resolve conflicts: 6' (415) -> **8' (510)**
Self-acceptance: 4.5' (370) -> **6' (410)**
Emotional intelligence: 6-16' (620) -> 16' (640)
Communication: 6' (417) -> 8' (430)
Grounding physical world: 4' (370) -> **6' (410)**
Connection to stillness: 6' (480) -> 6' (490)
Connection to force of life: 10' (610) -> 12' (630)
Physical Masculine: 15' (615) -> 16' (630)
Emotional Masculine: 8' (480) -> **12' (520)**
Emotional Feminine: 6' (360) -> **8' (410)**
Spiritual Masculine: 8' (490) -> 9' (510)
Spiritual Feminine: 6' (370) -> 8' (390)

Brain Quadrants

Analytical (front-left): 48%
Intuitive (front-right): 42%
Organizational (rear-left): 12%
Relational (rear-right): 18%

Mind Consciousness

Cyclical Thoughts Patterns: 18% (13% conscious, 87% unconscious)
Universal Mind: 82% (12% conscious, 88% unconscious)

The first thing that stands out is that his self-acceptance and grounding to the physical world are closely related.

The second thing that stands out is that he is very conscious in terms of transcending his ego (82% Universal Mind), he's very cerebral and he has a hard time functioning properly in society with this consciousness (12% Organizational, 18% Relational).

He has a high consciousness (connection to the force of life, emotional intelligence) but has a hard time embodying it.

During the event, he greatly improved his self-confidence, self-acceptance, grounding and emotions. This is very important to not only have a spiritual understanding of reality, but also to embody it physically and emotionally.

His energy is stuck in the 6'-16' range because he's only improving his personal field and isn't aligned with a greater purpose. By stepping into something bigger than him, it would allow to amplify the transformation and growth on all levels.

Some aspects to focus on:

- Self-acceptance
- Align with a greater purpose
- Develop more his cortex (organizational and relational minds)

By working on just these 3 things, everything else would shift.

Case Study #2: Client

Personality: 16'-sky (612) -> **moon (820)**

Self-confidence: 5km (315) -> **10km (410)**

Resolve conflicts: sky (690) -> moon (730)

Self-acceptance: 16' (510) -> 18' (530)

Emotional intelligence: 5km-sky (712) -> 10km-moon (730)

Communication: 5km (600) -> 10km (610)

Grounding physical world: 5km (312) -> 10km (330)

Connection to stillness: 5km (512) -> 10km (530)

Connection to force of life: sky-moon (740) -> moon (760)

Physical Masculine: 5km (610) -> 10km (630)

Emotional Masculine: 8km (700) -> 8km (700)

Emotional Feminine: 3km (346) -> **6km (410)**

Spiritual Masculine: sky (810) -> sky (830)

Spiritual Feminine: 50km (510) -> 60km (520)

Brain Quadrants

Analytical (front-left): 42%

Intuitive (front-right): 38%

Organizational (rear-left): 48%

Relational (rear-right): 32%

Mind Consciousness

Cyclical Thoughts Patterns: 42% (15% conscious, 85% unconscious)

Universal Mind: 58% (12% conscious, 88% unconscious)

We can see he has finally aligned with his life's purpose as his energy has greatly amplified on all levels.

During the event, he greatly increased his personality, self-confidence and vulnerability as he now understands he's in the right path.

He is still functioning a lot within the illusions of the physical world (42% Cyclical Thoughts Patterns, only 38% Intuition).

His brain is well balanced on all 4 quadrants which is a rare ability that usually helps CEOs and leaders solve complex problems. I've heard a statistics that said that 80% of CEOs leading "real" businesses are dominant on all four quadrants. Different personality types have a hard time communicating with each other, and those who are dominant on all quadrants have the ability to be the hub that can relate with everyone. His job position really should be a team leader.

Some aspects to focus on:

- Re-evaluate his beliefs and dismantle his cyclical thoughts patterns
- Get more self-confidence, self-acceptance and grounding
- Over-deliver at work and take more responsibilities than asked until he get assigned a team leader position

Case Study #3: Client

Personality: 6' (408) -> 8' (420)

Self-confidence: 9' (580) -> **12' (610)**

Resolve conflicts: 12' (612) -> 15' (630)

Self-acceptance: 8' (512) -> 10' (530)

Emotional intelligence: 18' (760) -> 20' (780)

Communication: 5' (512) -> **12' (615)**

Grounding physical world: 9' (610) -> **12' (650)**

Connection to stillness: 12' (712) -> **15' (780)**

Connection to force of life: 15' (780) -> **18' (810)**

Physical Masculine: 15' (618) -> **18' (710)**

Emotional Masculine: 12' (512) -> **15' (710)**

Emotional Feminine: 3' (410) -> **12' (680)**

Spiritual Masculine: 12' (518) -> **14' (610)**

Spiritual Feminine: 6' (480) -> **8' (510)**

Brain Quadrants

Analytical (front-left): 38%

Intuitive (front-right): 45%

Organizational (rear-left): 28%

Relational (rear-right): 28%

Mind Consciousness

Cyclical Thoughts Patterns: 38% (4% conscious, 96% unconscious)

Universal Mind: 62% (5% conscious, 95% unconscious)

His energy is stuck in the 8-16' range because he's just working on his personal development. However, the facts that certain aspects are now expanding beyond 16' (connection to the force of life, physical masculine) and his communication went from 5' to 12' indicate that a greater purpose is seeking expression through him. He's on the verge of making a transition in his evolution.

He is very unconscious of his strengths, weaknesses, cyclical thoughts patterns and universal mind (only 5% conscious).

His brain quadrants are fairly balanced but not very active due to a lack of self-awareness.

During the event, his connection to the force of life as well as all the polarity energies greatly expanded. So did his connection to stillness, grounding, self-confidence and communication.

He would greatly benefit from having a coach who can show him his blind spots.

Some aspects to work on:

- Get a coach who is more conscious of him than he is
- Connect with the greater purpose seeking expression through him
- Re-evaluate his thoughts, beliefs and cyclical thoughts patterns

Case Study #4: Client

Personality: 16' (710) -> **15' (760)**

Self-confidence: 14' (680) -> 13' (680)

Resolve conflicts: 13' (560) -> 11' (580)

Self-acceptance: 12' (460) -> 10' (480)

Emotional intelligence: 16' (810) -> **18' (840)**

Communication: 4' (356) -> 3' (356)

Grounding physical world: 3-13' (260) -> **4-14' (290)**

Connection to stillness: 16' (610) -> 16' (610)

Connection to force of life: 3' (404) -> **5' (450)**

Physical Masculine: 3' (440) -> **6' (510)**

Emotional Masculine: 6-8' (260) -> **8' (410)**

Emotional Feminine: 3' (180) -> **6' (380)**

Spiritual Masculine: 8' (390) -> **10' (480)**

Spiritual Feminine: 6' (290) -> **8' (490)**

Brain Quadrants

Analytical (front-left): 12%

Intuitive (front-right): 48%

Organizational (rear-left): 8%

Relational (rear-right): 12%

Mind Consciousness

Cyclical Thoughts Patterns: 2% (4% conscious, 96% unconscious)

Universal Mind: 98% (12% conscious, 88% unconscious)

The first thing that stands out is that his energy field is very narrow compared to his vibrational frequency.

He is very good at transcending the ego (98% universal mind), but his brain activity is very unbalanced with his analytical, organizational and relational minds almost dormant.

During the event, his connection to the force of life as well as all the polarity energies greatly expanded. So did his grounding, personality and emotional intelligence.

After the event, his energy is at a higher frequency but expands less as he's going through a phase of introspection.

He's going through a value conflict between what we're teaching and the more ecclesial lifestyle being taught by other spiritual teachers. He has very real experiences with both teachings and both realities don't seem to fit quite well together.

There is only one absolute truth. If different teachings seem to conflict, it just means there is a higher truth he do not yet see that would make both sides true.

The belief that everything physical is an illusion is an illusion in itself. The value conflict is an illusion caused by a flawed understanding.

If you look at Shaolin monks, they were Buddhist monks meditating to develop their connection to stillness, and this didn't get in the way of developing their force of life and physical energies. It's just that stillness meditation doesn't directly develop the force of life energy. They had another practice, martial arts, that developed that other aspect of themselves. Thus, Shaolin monks are great examples of Eastern masters who have fully mastered and integrated the spiritual reality with the physical reality.

Case Study #5: Etienne Charland

Personality: sky (690) -> **cosmos (810)**
Self-confidence: stars (890) -> stars (910)
Resolve conflicts: stars (840) -> stars (840)
Self-acceptance: sky (610) -> **moon (720)**
Emotional intelligence: stars (982) -> stars (986)
Communication: 5'-stars (612) -> **15'-stars (720)**
Grounding physical world: moon (780) -> **cosmos (830)**
Connection to stillness: sky (690) -> moon (720)
Connection to force of life: stars (910) -> stars (930)
Physical Masculine: stars (920) -> **stars (940)**
Emotional Masculine: cosmos (820) -> **stars (890)**
Emotional Feminine: sky (790) -> **cosmos (870)**
Spiritual Masculine: stars (992) -> stars (996)
Spiritual Feminine: stars (942) -> **stars (982)**

Brain Quadrants

Analytical (front-left): 92%
Intuitive (front-right): 96%
Organizational (rear-left): 62%
Relational (rear-right): 92%

Mind Consciousness

Cyclical Thoughts Patterns: 2% (4% conscious, 96% unconscious)
Universal Mind: 98% (45% conscious, 65% unconscious)

The first thing that stands out is that self-acceptance and communication are closely related as they both went from 610 to 720 during the event.

Then, my awareness of the universal mind is very high (98% universal mind, 45% conscious).

For the brain quadrants, first I was analytical. Then I shifted to intuitive. Then I shifted to relational. Now the focus is shifting towards organizational. Each brain quadrant got developed as a different phase and my personality type shifted every time. The level I'm meant to play at requires me to be strong on all 4 quadrants.

During the event, all my polarity energies greatly strengthened, especially my femininity, so did my grounding, personality, self-acceptance and communication.

My communication is very dynamic right now, varying anywhere between 5' and to the stars. This means my communication is going to vary on a daily basis during this transition phase, until it settles and stabilizes at a higher level.

Self-acceptance is the main challenge getting in the way of communication. I realized I was very judgmental and filled a whole sheet with a list of people and things I was judging. The list includes everything between Madonna, feminists, gays, smokers, dog owners, spirituals, non-spirituals, religious, non-religious, parents, female coaches, Jesus, Buddha, Pringles, mosquitos and aliens.

As I'm working on clearing all that out, I'm feeling a great reduction in mental noise, a tremendous mental space opening up and the heart opening up.

To work on:

- Keep releasing judgments on every item on the list
- Fully activate the organizational mind
- Continue taking intuitive actions in an organized way

Case Study #6: Rion Freeberg

Personality: sky (715) -> **cosmos (790)**
Self-confidence: moon (810) -> moon (830)
Resolve conflicts: sky (760) -> **moon (810)**
Self-acceptance: 80km (680) -> sky (710)
Emotional intelligence: stars (912) -> stars (916)
Communication: 5' (480) -> 8-10' (490)
Grounding physical world: **moon (615) -> moon (710)**
Connection to stillness: sky (575) -> sky (580)
Connection to force of life: cosmos (900) -> cosmos (905)
Physical Masculine: cosmos (890) -> **stars (986)**
Emotional Masculine: moon (860) -> moon (890)
Emotional Feminine: 3' (412) -> **sky (810)**
Spiritual Masculine: moon-cosmos (680) -> **stars (730)**
Spiritual Feminine: sky (480) -> **stars (830)**

Brain Quadrants

Analytical (front-left): 86%
Intuitive (front-right): 87%
Organizational (rear-left): 52%
Relational (rear-right): 56%

Mind Consciousness

Cyclical Thoughts Patterns: 4% (5% conscious, 95% unconscious)
Universal Mind: 96% (13% conscious, 87% unconscious)

First off, his energy is very dynamic. Sometimes it can be closed off for no apparent reason (Emotional Feminine 3'). During his grounding meditation sessions, he reaches very high states which he doesn't fully carry with him the next day.

His consciousness of the universal mind is quite high, 13% of 96%, which is much higher than 12% of 58% as in Case Study #2.

During the event, his grounding, personality and physical masculine energies greatly expanded which really should be that high at all times since these are his greatest strengths. His ability to resolve conflicts, emotional and spiritual energies also greatly expanded.

In the same way that Case Study #4 had resistance to the force of life aspect of spirituality, Rion had resistance to the stillness aspect of spirituality which he's now developing more.

His communication was expanding 5' and even after the event only expands 8-10'. He's going through a great transition in his business to work with actors, singers and performers, and this indicates he still has work to do to get the message across.

His energy is on par with the most influential people in the entertainment industry and since like attracts like, it's just a matter of time before he gets into the inner circle at the top. The illusions of defeat are just temporary growth opportunities.

His brain quadrants are fairly active and balanced, and he could become more aware of himself. He greatly benefits from working with coaches who can see his blind spots and break through his stubborn ego.

Some aspects to work on:

- Further develop his connection to stillness
- Open up his emotional vulnerability
- Embody the higher states in a permanent way
- Get in direct conversations with individuals in his tribe

Case Study #7: Jesus

The psychic readings can be done at any point in time.

This is a **Premium Energy Profile Reading** at the peak of his life.

In the first chakra, he has an extremely deep and revering presence. His personality extends to the sky (780).

In the second chakra, his sexuality and creativity are transcended and somewhat numb.

In the third chakra, he has tremendous divine power that uplifts everybody. His self-confidence extends to the stars (1000). His ability to resolve conflicts extends to the stars (1000).

In the fourth chakra, he embodies pure love consciousness. His self-acceptance extends to the stars (1000). His emotional intelligence extends to the stars (1000).

In the fifth chakra, he was very clear on his direction. His communication extends to the stars (1000).

In the sixth chakra, his grounding to the physical world extends to the sky (790).

In the seventh chakra, his connection to stillness extends to the stars (1000). His connection to the force of life extends to the stars (910).

Polarity Reading

Physical: Masculinity extends to the sky (720). Femininity none.

Emotional: Masculinity extends 80km (610). Femininity extends 60km (515).

Spiritual: Masculinity extends to the stars (910). Femininity extends to the stars (910).

Brain Quadrants

Analytical (front-left): 62%

Intuitive (front-right): 100%

Organizational (rear-left): 56%

Relational (rear-right): 100%

Mind Consciousness

Cyclical Thoughts Patterns: 0%

Universal Mind: 100% (14% Conscious, 86% Unconscious)

Strengths: Chakras from the solar plexus and up are perfectly enlightened.

To work on: Better integrating his emotional and physical energies, being more grounded in his sexuality and femininity.

This is a great lesson of history since a lot of what happened for the last 20 centuries has been influenced by his teachings.

Being an incarnation of pure source consciousness, he is perfectly enlightened on many aspects including his inner power, love and connection to stillness.

Interestingly enough, he is only 14% conscious of the powers he carries, so he was somewhat an unconscious competent.

What's really interesting is that his personality, sexuality, grounding to the physical world and connection to the force of life are considerably lower, especially his feminine emotional energy. These are the very aspects that are the most under-developed in our society today.

Since the bible is an interpretation of his teachings, it reflects the same strengths and weaknesses plus distortions that have been added through the ages while translating.

Although religions are not as popular today, Christianity has greatly shaped the world you live in over a 2000 years period so you will see a reflection of these strengths and weaknesses deeply ingrained into the collective consciousness, including a repression of sexuality, repression of femininity and devaluation of the force of life.

The original message of Jesus is that you can achieve the same as him and even greater things. You also have a great advantage over him: you now live in a society that is much more conscious and evolved. The current average consciousness level in the United States in 2013 on the Hawkins scale is 231 (between courage and neutrality). In contrast, the average consciousness level in Jerusalem in the year 0 was 112 (between fear and desire).

Case Study #8: Buddha

Premium Energy Profile Reading at the peak of his life.

In the first chakra, he has a very deep and calm presence that inspires introspection. His personality extends to the sky (810).

In the second chakra, his sexuality and creativity are simultaneously dormant and fluid.

In the third chakra, he radiates a peaceful strength that disarms any opposition. His self-confidence extends to the moon (855). His ability to resolve conflicts extends to the stars (952).

In the fourth chakra, he radiates a pure love that softens hearts. His self-acceptance extends to the stars (992). His emotional intelligence extends to the stars (980).

In the fifth chakra, he doesn't have any direction in life; everything comes to him. His communication extends to the sky (810).

In the sixth chakra, his grounding to the physical world extends to the sky (610).

In the seventh chakra, his connection to stillness extends to the stars (998). His connection to the force of life extends to the cosmos (890).

Polarity Reading

Physical: Masculinity extends to the sky (690). Femininity none.

Emotional: Masculinity extends 60km (720). Femininity extends 40km (680).

Spiritual: Masculinity extends to the cosmos (890). Femininity extends to the cosmos (920)

Brain Quadrants

Analytical (front-left): 12%

Intuitive (front-right): 58%

Organizational (rear-left): 8%

Relational (rear-right): 21%

Mind Consciousness

Cyclical Thoughts Patterns: 0%

Universal Mind: 100% (8% Conscious, 92% Unconscious)

Strengths: Extremely strong energy on all levels, especially his self-acceptance, emotional intelligence and connection to stillness.

To work on: Embodying more his physical and emotional energies, better connecting with his true essence (healthy ego).

Here this gets very interesting. What Buddha calls enlightenment is in fact partial enlightenment. He doesn't have any aspect that is perfectly enlightened at 1000, but his connection to stillness (998) and self-acceptance (992) get extremely close.

We can see very similar patterns as in Case Study #4: disproportionate use of the brain where only the intuitive frontal right brain is activated, and a high level of unconscious competence with the universal mind.

It is not surprising that some highly conscious people go through a value conflict and have a hard time functioning properly into the physical world. Buddha did not fully value the physicality of life in his teachings, and many of his students completely overlooked that aspect.

Study the truth in his teachings, and don't assume everything is the absolute truth.

Buddha directs the peaceful strength and love in his solar plexus and heart to achieve his purpose of enlightening others. Instead of being still and directing that peacefulness, he could also be active and move towards the achievement of divine desires while carrying that harmony and peacefulness into everything he does. This would resolve the illusion of a value conflict.

Since neither Jesus nor Buddha were enlightened in their connection to the force of life, don't expect what I teach about the force of life to fit into what you know. It will conflict in various places, and these are the doorways to your greater consciousness. Value the truth.

Case Study #9: Eckhart Tolle

Premium Energy Profile Reading.

In the first chakra, he has a very deep and calm presence. His personality extends to the sky (690).

In the second chakra, there is numbness and value conflict around his sexuality.

In the third chakra, he has a peaceful strength that inspires others. His self-confidence extends to the moon (730). His ability to resolve conflicts extends to the stars (920).

In the fourth chakra, he shines a very humble love. His self-acceptance extends to the moon (820). His emotional intelligence extends to the stars (992).

In the fifth chakra, he's clear on his direction in life and walks that path slowly. His communication extends to the cosmos (920).

In the sixth chakra, his grounding to the physical world extends to the sky (630).

In the seventh chakra, his connection to stillness extends to the stars (980). His connection to the force of life extends to the cosmos (940).

Polarity Reading

Physical: Masculinity extends to the sky (720). Femininity none.

Emotional: Masculinity extends 80km (680). Femininity extends 40km (590).

Spiritual: Masculinity extends to the stars (932). Femininity to the stars (940).

Brain Quadrants

Analytical (front-left): 62%

Intuitive (front-right): 98%

Organizational (rear-left): 32%

Relational (rear-right): 62%

Mind Consciousness

Cyclical Thoughts Patterns: 0%

Universal Mind: 100% (15% Conscious, 85% Unconscious)

Strengths: Spiritual connection, emotional intelligence, ability to resolve conflicts and communication.

To work on: Physical and emotional energies, grounding, self-confidence, healthier relationship with his sexuality.

He has similar patterns as Buddha: lack of grounding, unbalanced use of the brain and high level of unconscious competence.

However, his energy is more moderate and more balanced than Buddha as our modern world requires a much higher usage of the brain. He's actually strong in the Analytical (62%) and Relational (62%) brains although he is clearly dominantly Intuitive (98%). You could consider him to have a tri-quadrant personality.

He is slightly less conscious than Buddha on most levels, but he is more connected to the force of life and has a stronger physical energy, bringing a better overall balance.

Similar to case study #4, he has a value conflict around sexuality which he has never been able to resolve.

His real weakness is his lack of self-confidence which might be related to the value conflict.

The combination of an enlightened spiritual connection (980, 940), emotional intelligence (992) and communication (920) allows him to raise the consciousness level of millions of people.

Case Study #10: Women Empowerment Coach

This is a famous female business coach earning 7-figures income. Since this reading is not purely positive, I keep her name confidential. Many female coaches have a similar profile. I have done my best to keep this reading objective without judgments, opinions or filters.

In the first chakra, she has a very deep and stable presence, with some aggressiveness and a need to control. Her personality extends 8' (412).

In the second chakra, her sexual and creative energies are very open and bold. She transmutes it into her business.

In the third chakra, she has tremendous masculine inner strength. Her self-confidence extends to the moon (712). Her ability to resolve conflicts extends to the sky (600).

In the fourth chakra, she has a warm heart that she protects closely. Her self-acceptance extends to the moon (712). Her emotional intelligence extends 40km (480).

In the fifth chakra, she's very successful and busy and doesn't have time to realize something is "off" with the direction of her business. Her communication extends to the cosmos (810).

In the sixth chakra, her grounding to the physical world extends 15' (400).

In the seventh chakra, her connection to stillness extends 15' (600). Her connection to the force of life extends 17' (615).

Polarity Reading

Physical: Femininity extends 15' (412). Masculinity none.

Emotional: Femininity extends 3' (215). Masculinity extends to the sky (612).

Spiritual: Femininity extends 3' (232). Masculinity extends to the sky (703).

Brain Quadrants

Analytical (front-left): 58%

Intuitive (front-right): 3%

Organizational (rear-left): 68%

Relational (rear-right): 58%

Mind Consciousness

Cyclical Thoughts Patterns: 97% (58% Conscious, 42% Unconscious)

Universal Mind: 3% (2% Conscious, 98% Unconscious)

Strengths: Inner power, self-acceptance and communication.

To work on: Femininity, intuition, spiritual connection and alignment.

When I started studying the energy field of the greatest spiritual leaders, I quickly came to realize that almost all the greatest masters through history were men!

However, I also wanted to include the reading of a woman in this book to understand why they are not able to reach these higher consciousness levels.

She has great contrasts in her energy: very conscious in some areas and very unconscious in other areas.

She has a tri-quadrants personality (Analytical, Organizational and Relational) allowing her to run her business effectively.

She functions almost exclusively from constructive Cyclical Thoughts Patterns (97%) and she is conscious of the majority (58%) of her fixed patterns.

Her personality, emotional intelligence and spiritual connection are very under-developed and under-expressed. Her femininity is almost entirely suppressed.

She has done tremendous self-development and she believes men and women are the same, seeing only the masculine side of it which she developed on the emotional and spiritual levels. However, since her biological body doesn't have the capability for physical masculine energy, she instead developed some feminine physical energy which she keeps under tight control.

She has a decent connection to the force of life to drive and grow her business but she keeps it under tight control and doesn't have the spiritual alignment.

She also lacks grounding because she is too stuck into her business with tremendous mental noise. She purposely keeps it that way to avoid looking at uncomfortable truths.

The only single thing that is responsible for most of her disbalances is her misunderstanding of femininity, which is also her intuitive side, vulnerability and spiritual alignment. She has neither.

Neither Jesus nor Buddha were fully enlightened in their femininity and I cannot think of a single model in the Western world who is fully enlightened in her femininity, except maybe one or two artists.

The force of life has been overlooked by everybody except entrepreneurs. Femininity has been greatly misunderstood and even repressed through history. A woman cannot reach enlightenment levels without having a healthy relationship with her feminine physical and emotional energies, and that's why enlightened women have been so rare through history.

Leverage Your Profile for Growth

The main reason you are not where you want to be is because of blind spots you are unaware of. If you are aware of them, then it's either because you get emotionally reactive when looking at your weaknesses or because you do not know how to release them. There are lots of healing techniques out there, EFT being an easy one.

Most people who have done self-development or spiritual work are well developed in certain areas while they completely overlook other areas. This will clearly show up in your profile reading.

Then, you have to be specific in what you heal. Having been trained as a Reiki Master in 2009, I have to say that general healing through Reiki won't do it. Also, you have to find and heal the root causes, not the symptoms. For example, in Case Study #10, trying to awaken her emotional intelligence won't work. You must first resolve the value conflict around femininity.

Many clients had a tremendous shift in their lives just by being aware of their energy profile. If you're coaching with anyone who is where you want to be, which will greatly accelerate your growth and success, this will allow you to be much more targeted and specific in what you need to focus on.

You can get your Energy Profile Reading as part of the Energy Tune-Up here. <http://www.spiritualselftransformation.com/energy-tune-up>

Then, to release specifically what holds you back from success, there are lots of energy healing techniques out there. None of them compare to what I'm sharing in the Force of Life Blueprint, which you can get here. <http://www.spiritualselftransformation.com/force-of-life>

A Premium Energy Profile Reading is also available to provide more in-depth insights. It really is only useful for entrepreneurs, coaches, energy professionals and advanced clients. [You can get the Premium Energy Tune-Up here.](#)

The main reason you are not where you want to be is because you are unaware of where you stand. If you were, it would be fairly easy to walk out of that zone.

Energy Leaks

In the Energy Tune-Up during the Distance Healing, I heal implants and portals. Here are explanations of what they are.

Implants are energy links connecting you into the collective consciousness and preventing you from thinking freely. It's like in the movie The Matrix how people are plugged into the machine. We all have 4 major implants when we are born: behind the head, behind the neck, behind the shoulders and below the tail-bone. These provide kind of a hive consciousness where the collective mind of the society you live in is thinking for you.

You can also get small implants for all kinds of reasons. Some salesmen connect implants into their clients to better convince them. Some religions and cults connect implants to attract and keep their followers. Some people doing planetary consciousness work are even connecting implants onto others without realizing it. If your life purpose threatens established groups, they can also attack you by connecting implants that will hold you back.

Portals are holes in your energy field that look like black holes. They allow negativity and dark energies to soak into your energy field. When you have portals and try to heal yourself, it's like trying to empty the water in a boat that has holes.

Portals are created by strong traumas, by all illegal drugs except weed and alcohol, and by legal drugs that are psychotropic and have an effect on the psyche such as Ritalin, anti-depression pills, Valium and many others. Spiritual drugs like Ayahuasca open the spiritual connection and also open negative portals, making it harder for the person to live in a big city because he then gets more affected by all the stress around him. Very few shamans are aware of portals and know how to close them.

I clear the implants and portals during the distance healing, and it's good to scan for those on a regular basis to keep your energy field clean. This is part of the basics I'm teaching in the Force of Life Blueprint.

Conclusion

We have explored the Hawkins scale of consciousness and created a new map of consciousness to see where the Charland scale fits into it. We have analyzed and studied the energy fields of 10 people in-depth to see what we can learn from them. We have explored value conflicts related to the force of life and related to femininity, observed their impacts and explored how to resolve them, although the value conflict related to femininity goes quite deeper and has broader impacts. This book is very dense in information so you may want to read it a few times.

The depth of this knowledge will most likely alter your consciousness and your view of life and of the world. This will naturally alter your thoughts, behaviors and actions as you won't be able to think and act from a place of ignorance anymore.

What will make the biggest difference is what you decide to do with this, and this is something only you can decide.

When you have access to this level of insights about yourself, there really are no plateaus.

On top of getting your [Energy Tune-Up](#) and the [Force of Life Blueprint](#), make sure to also listen to the Force of Life FREE Training here.

<http://www.spiritualselftransformation.com/landing/forceoflife>

Etienne Charland, Emotional Architect

Spiritual Self Transformation

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